

# TAKE ACTION LAB IS FOR YOU IF...

Global  
Citizen  
Year



- **Something deep down makes you feel that you've got the ideas, passion and conviction to do something that actually makes an impact. You're looking for the tools and training to learn where to begin.**
- **You feel an itch to do something different that gives you perspective that can't be taught in a classroom.**
- **You're not just looking for a break, you're looking for a challenge.**
- **You care deeply about global issues and want to get real-world experience contributing to on-the-ground solutions.**
- **You're ready to approach living abroad with humility and curiosity. You know you're there to learn and work alongside local changemakers, not to be a foreign savior.**
- **You're curious to explore not just the world, but your own strengths, purpose, and identity.**
- **You want to connect with a diverse community of young people who share your commitment to building a more just, equitable, and sustainable world.**
- **And also, you're between the ages of 17-21 and will have graduated high school by the program start.**